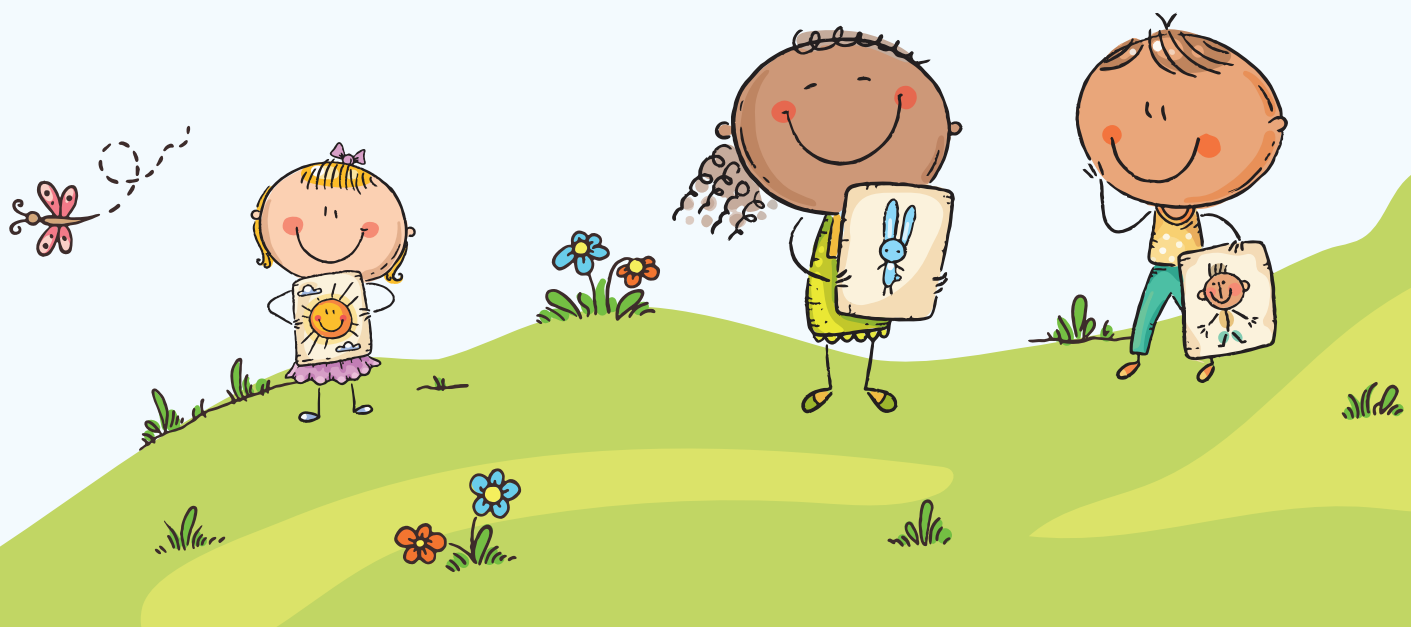


The ABC's of being
Safe Kids
COLORING BOOK





A is for Animals

Avoid animals you don't know.



B is for Brush

Brush your teeth twice a day – in the morning and at night before bed.



C is for Car

Always wear your seat belt. It will keep you safe.



D is for Danger Zone

Keep 10 feet away from a school bus.



E is for Emergency

When you dial 911, police, firefighters, and ambulances will arrive.



F is for Fire

If the smoke alarm sounds, GET OUT AND STAY OUT.
If there is smoke, GET LOW AND GO under the smoke to your way out.



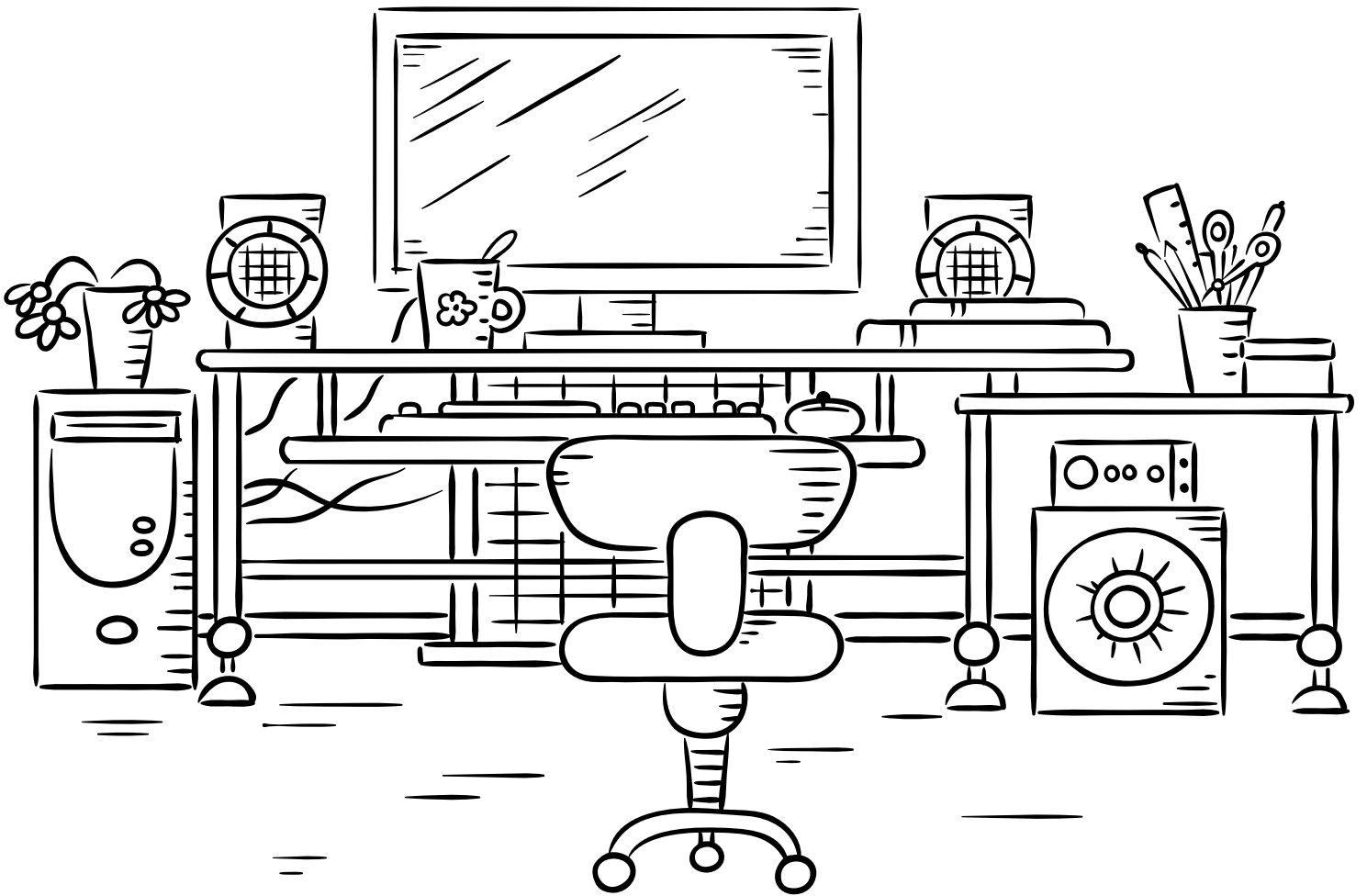
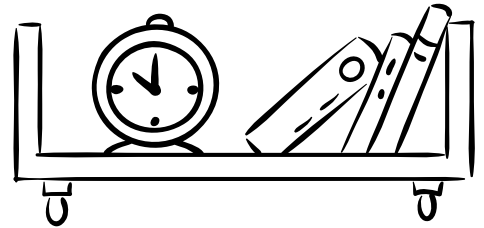
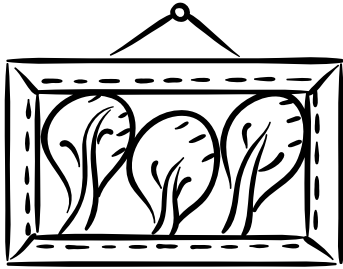
G is for Germs

Wash your hands for 20 seconds with warm soapy water.



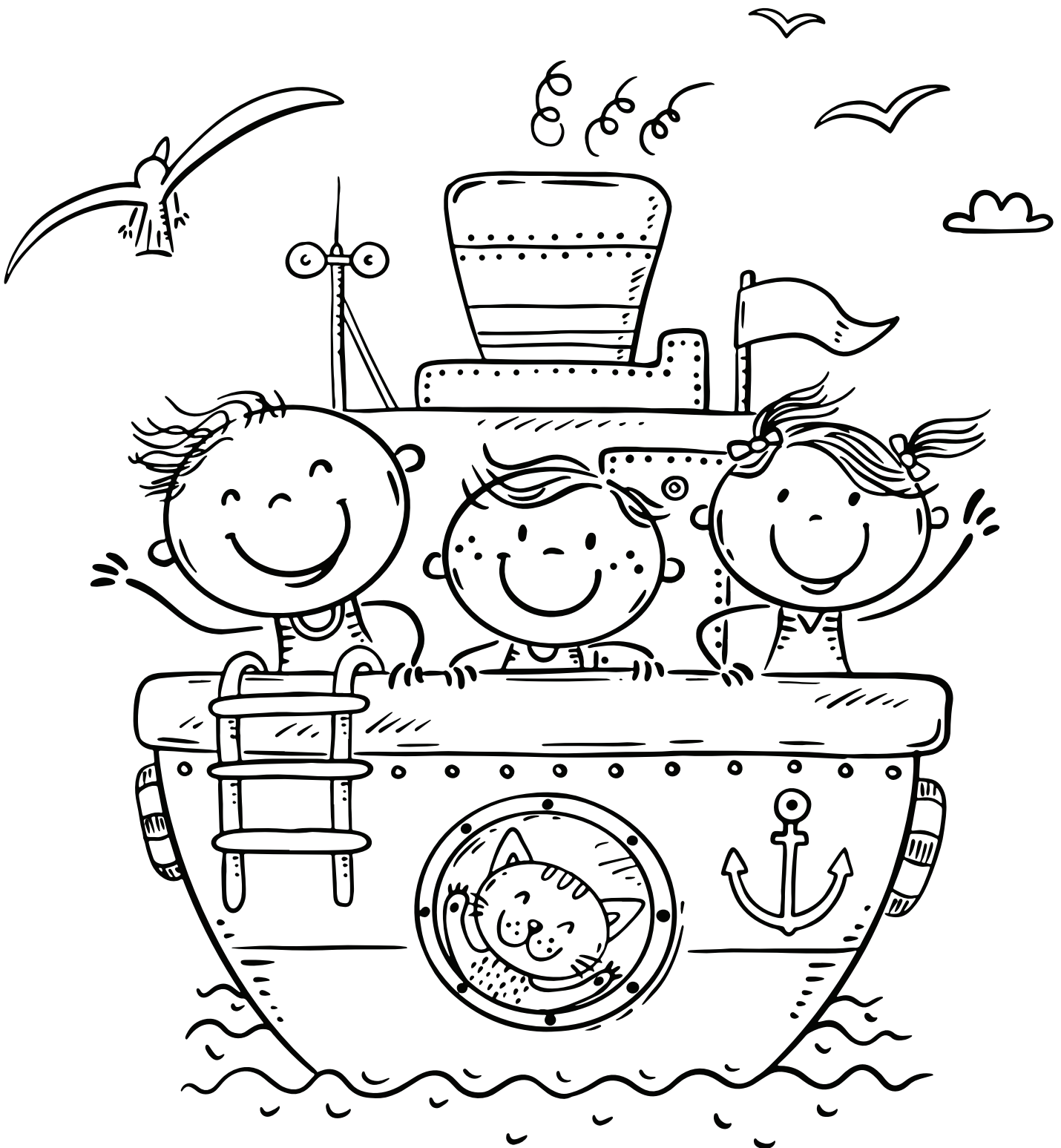
H is for Helmet

Wear a helmet, knee and elbow pads when on your wheels.



I is for Internet

Never give out personal information such as your address or phone number.
Keep passwords private. Do not download anything without permission.



J is for Jacket

Always wear your life jacket when on water.



K is for Kitchen

Avoid contact with flames or heat from the stove or barbecue grill.

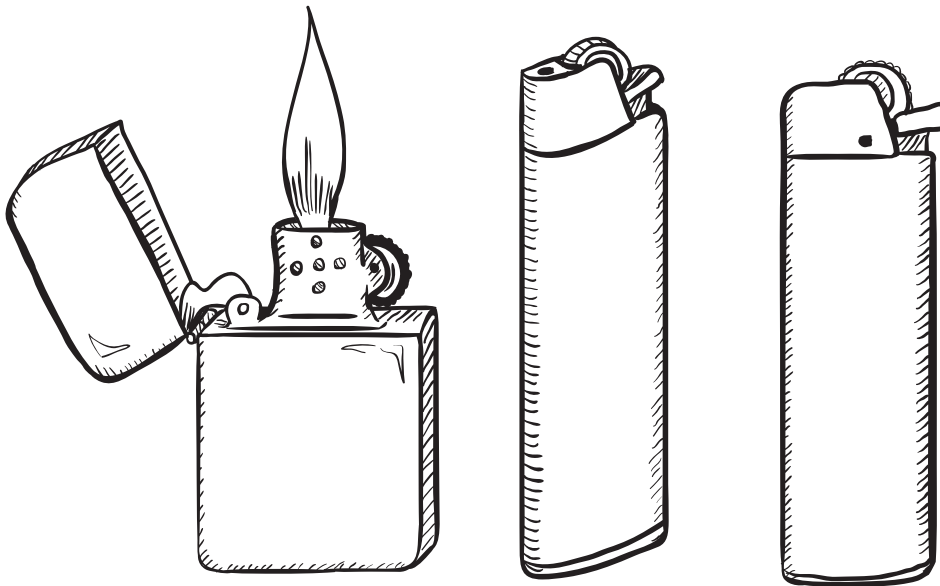


L is for Look

Look both ways before crossing the street. Always cross with an adult.



Matches



Lighters

M is for Matches

Only adults should use matches and lighters.



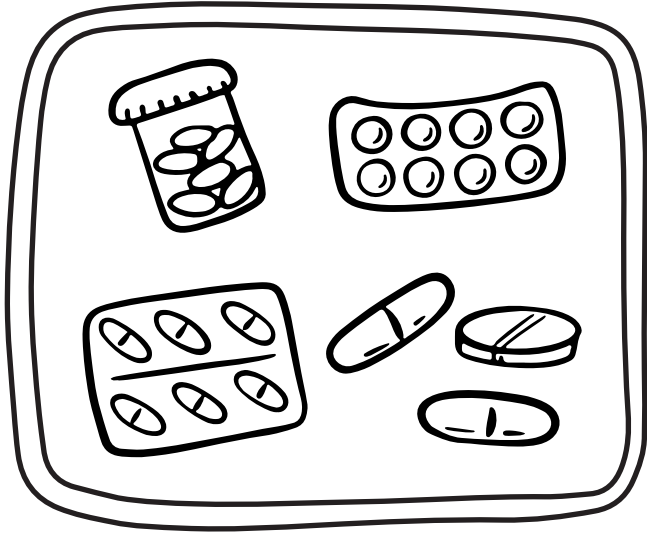
N is for Night

Wear bright clothing and play in well-lit areas.



O is for Outdoor Safety

If you get hurt while playing, stop and tell an adult.



Medicine and Pills



Cleaning Products and Detergents



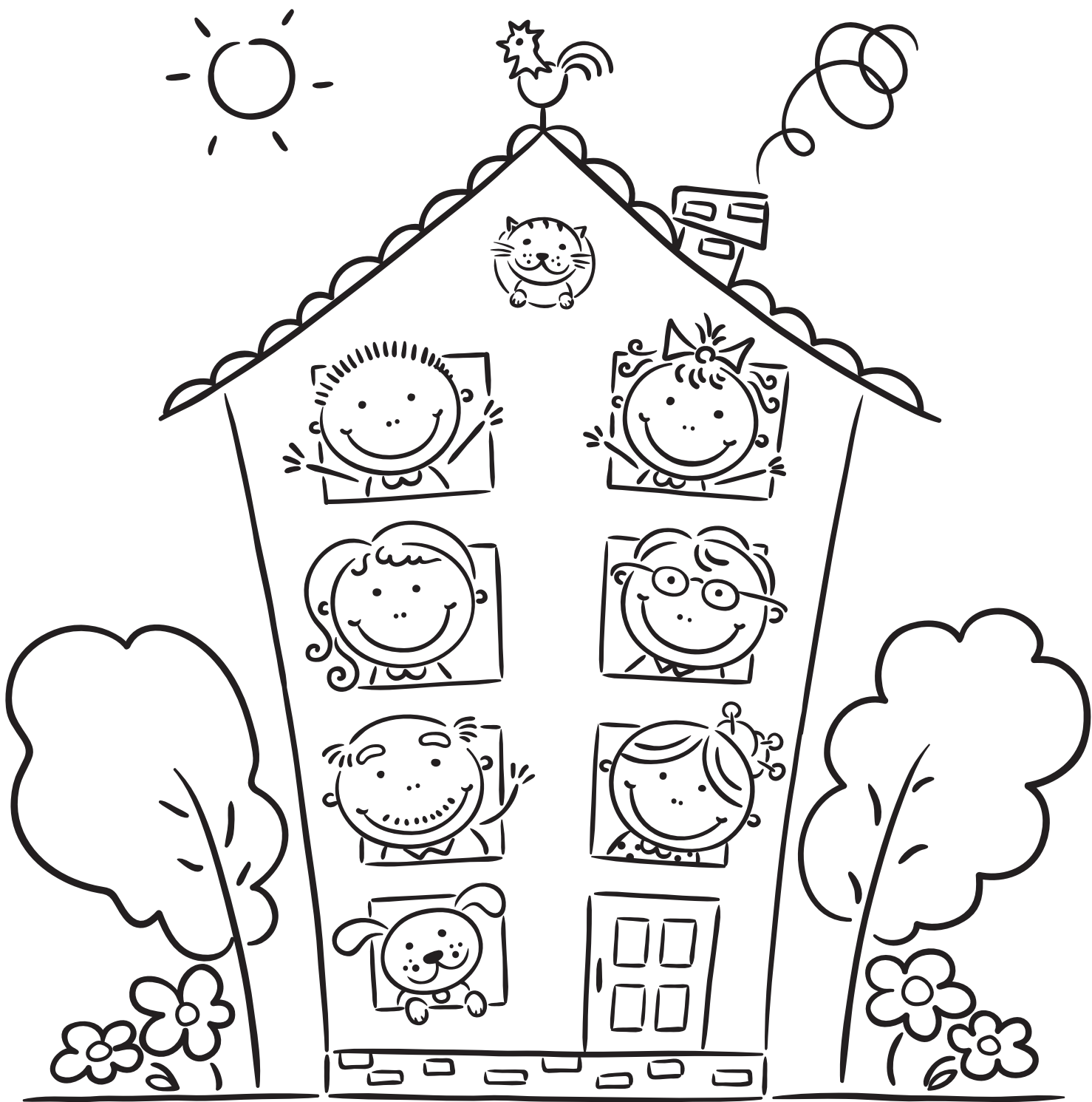
Plants can be Poisonous



Personal Care Items

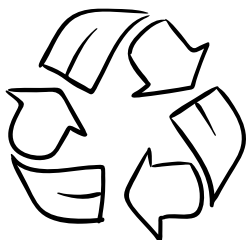
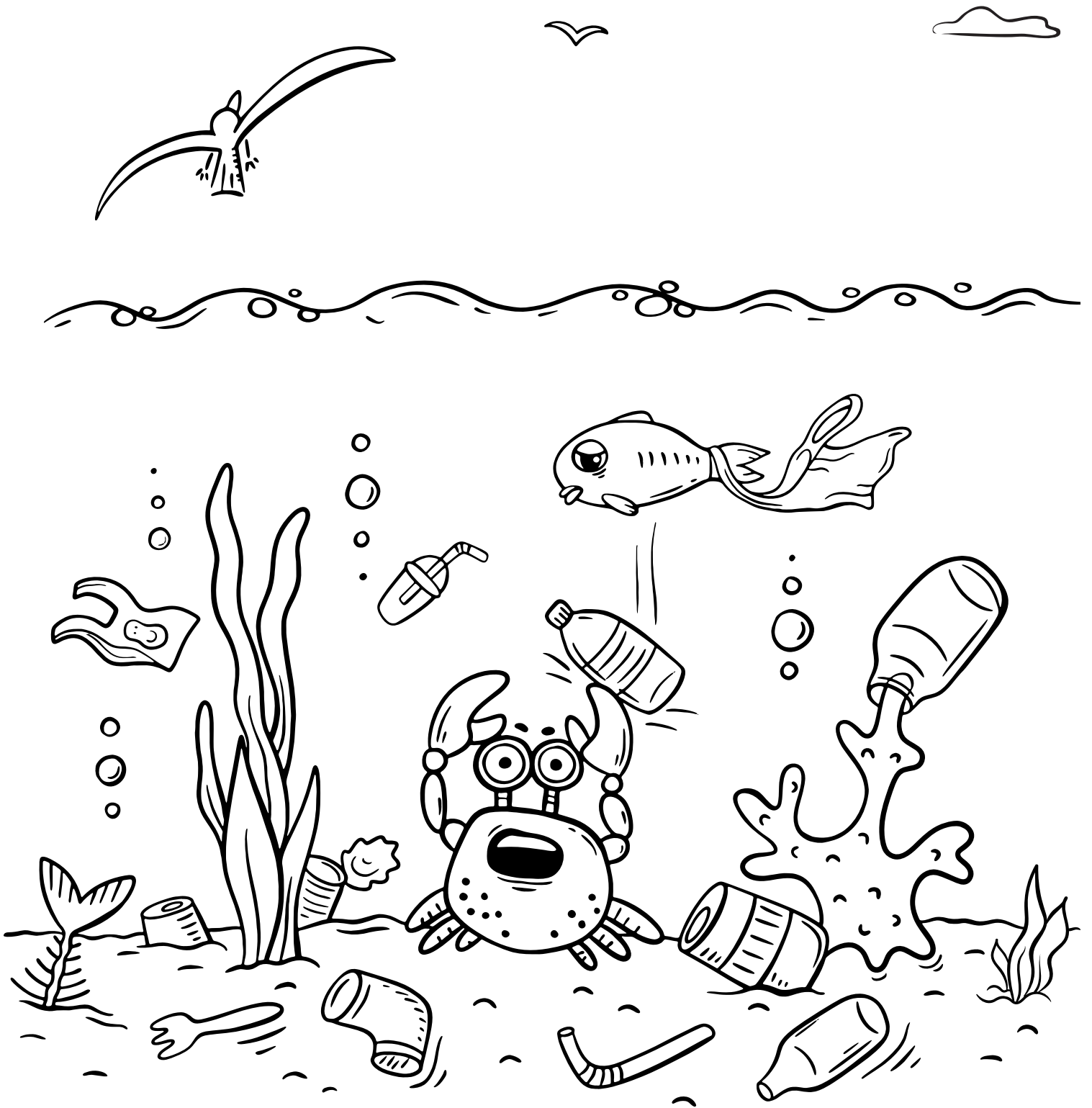
P is for Poison

Do not taste, smell or touch unless you ask a grown-up.
You can reach the poison hotline at 1-800-222-1222 in case of an emergency.



Q is for Quick Exit

In case of an emergency, make a quick exit plan with your family.



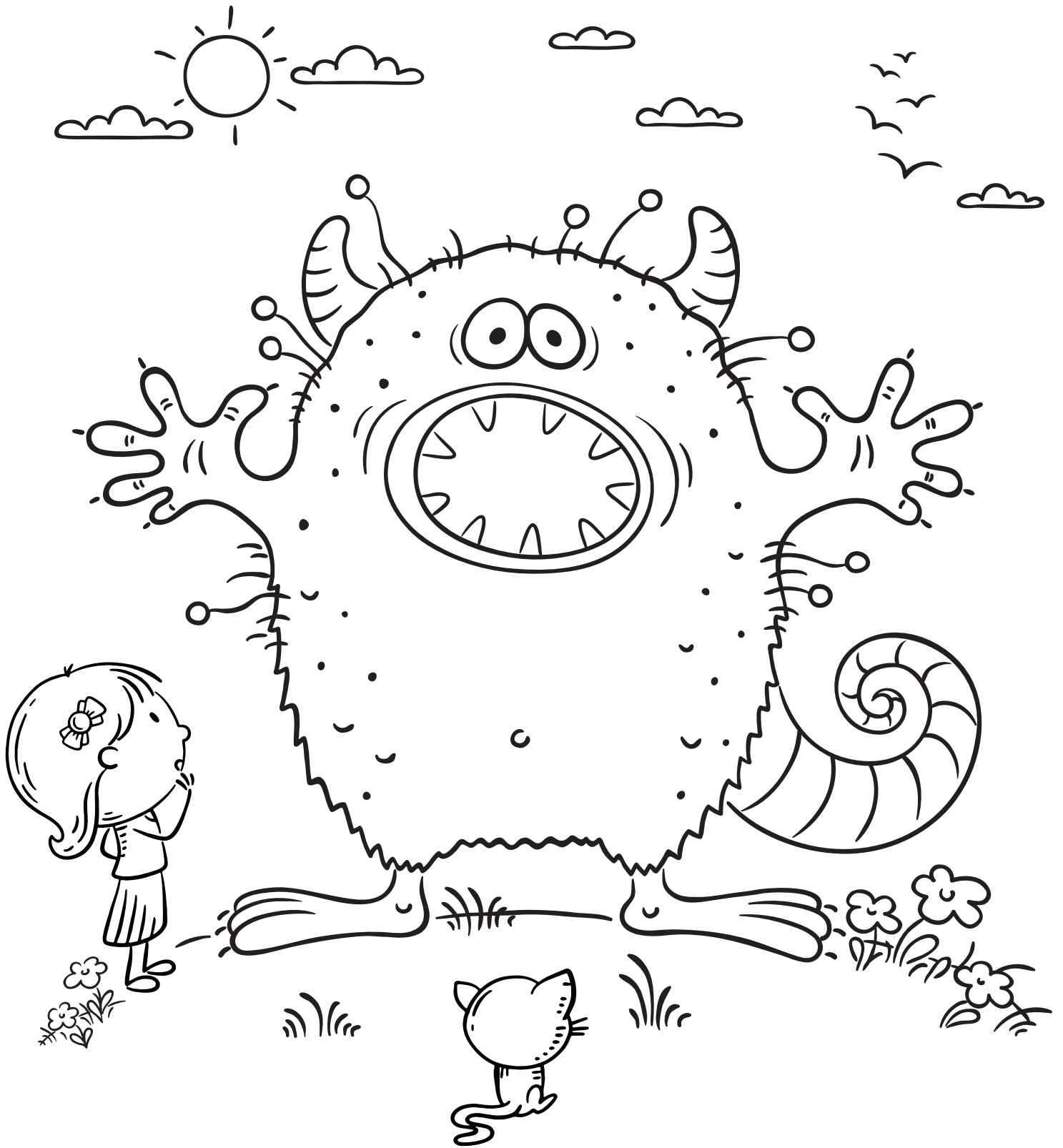
R is for Recycle

Recycle your trash for a healthy planet.



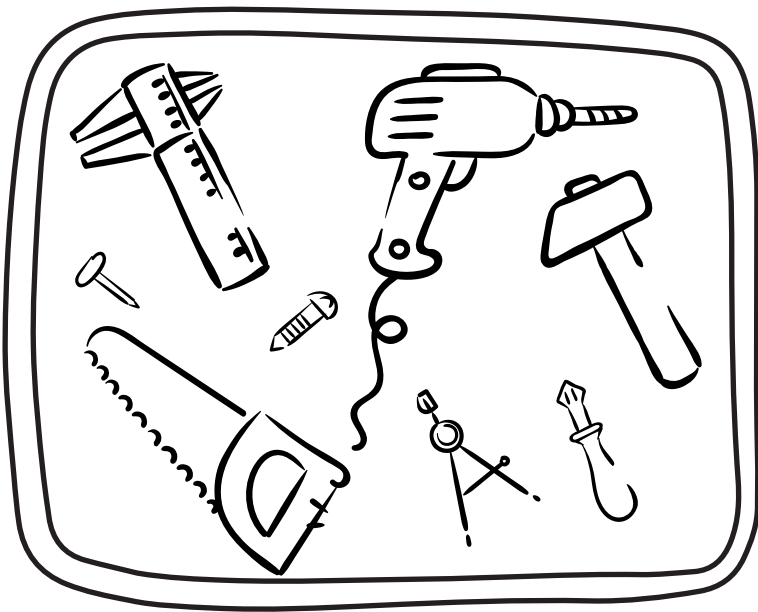
S is for Sleep

Try and get 9 to 12 hours of sleep a night.
Getting enough sleep gives you energy to learn and play the next day.

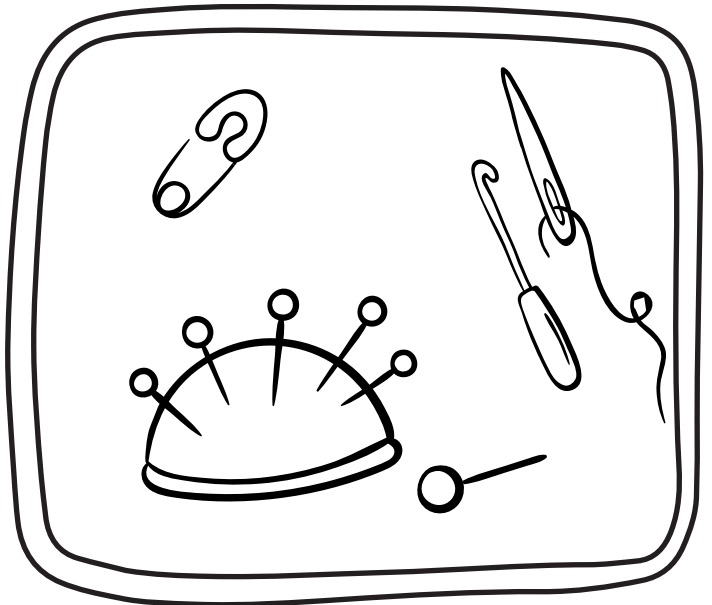


T is for Talk

Never talk or go with anyone, unless your mom and dad says it's okay.



Garage tools



Sewing tools



U is Utensils and Tools

Keep away from all sharp utensils and tools.



V is for Visit

Visit your doctor, and dentist to keep healthy.



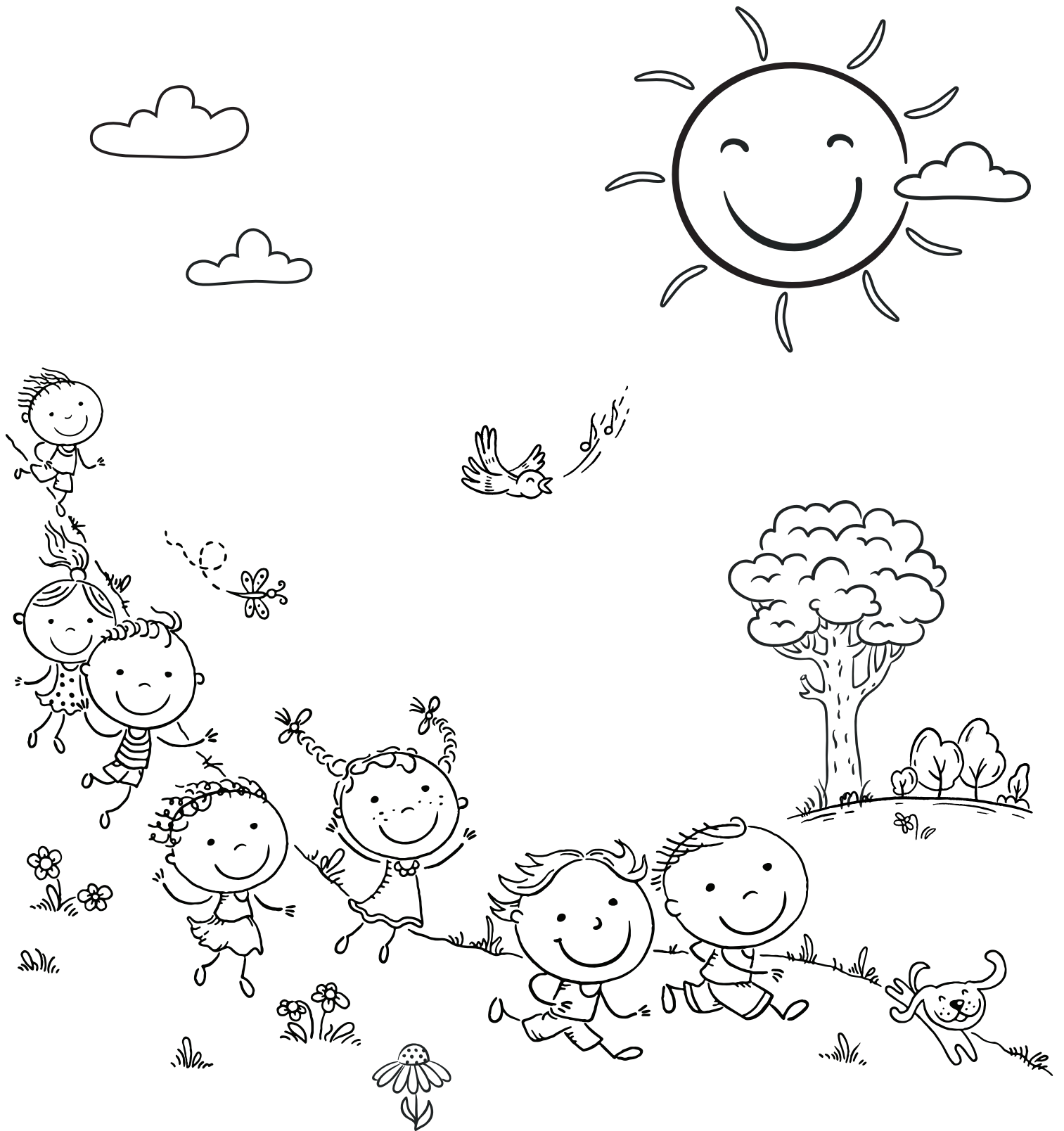
W is for Water

Make sure an adult is with you when you are around water. Do not swim alone.



X is for Don't Do

Don't be a bully. Be a friend.



Y is for You

Play smart. Be safe.



Z is for ZOO

Keep behind the animal enclosures and stay with an adult.

How do you stay safe?

Safe *Kids* Poster

Safe Kids Puzzle

E K M L I F E J A C K E T M W D A N
X M I A N I M A L S S I G R A O G S
I A O T S H E L M E T W V C T C S L
T T E O C A H F I R E M I P E T A E
W C O V H H Q Y E R I X P M R O F E
V H M N O L E L L O O K Z O M R E P
G E I V O V I N T E R N E T I I J X
E S B P L Y D E N T I S T E A S N V
R S R J B H E A L T H Y I N Y K O G
M C D W U J Z P L A Y G R O U N D N
S M E V S C X Q Y F L A M E S N Q P
R E C Y C L E K N E E P A D W H L R

Find the following words in the puzzle.

ANIMALS

HELMET

POISON

DENTIST

INTERNET

RECYCLE

DOCTOR

KITCHEN

SAFE

EXIT

KNEE PAD

SCHOOL BUS

FIRE

LIFE JACKET

SLEEP

FLAMES

LOOK

SWIMMING

GERMS

MATCHES

WATER

HEALTHY

PLAYGROUND



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